

Quoddy Writing Retreat for Teacher Renewal

July 29 – August 2, 2024 • Lubec, Maine

Next summer give yourself a treat. Refresh. Write. Connect with like-minded writers. Rediscover what drew you to teaching in the first place. We invite you to join us this summer for a unique experience in Lubec, Maine.

Retreat Leaders



Ralph Fletcher



Georgia Heard

A Time for Renewal

It's no secret that the last few years have been difficult ones in education. Teachers have had to deal with many challenges: Covid mandates, teaching via Zoom, anxious students, book censorship, unease about world events, etc. Many teachers feel exhausted and burned out.

Quoddy Writing Retreat for Teacher Renewal will provide an opportunity to replenish your spirit and help you find your stride as a writer. We feel renewed when we get in touch with our inner selves. Renewal happens by connecting to the body, the natural world, a community of like-minded professionals and, especially, by personal writing. Writing has a unique way of putting us in touch with what's important in our lives.

This five-day retreat will take place in Lubec, Maine, the easternmost town in the United States. You'll be able to experience the countless pleasures of Downeast Maine, a place few

people ever see, one that features rugged coasts, unspoiled nature, stunning scenery and harbors. All that plus the freshest lobster you can get!

Time for Writing 🍷

The headquarters for the retreat will be the [Cobscook Institute](#), a vibrant learning center located in Lubec. Each morning we'll meet for breakfast at Cobscook. The Quoddy Retreat for Teacher Renewal will focus on personal writing. Bring a piece of writing for poetry, a picture book, memoir, a middle grade novel, adult fiction, or an article for a professional journal. Or come with an idea for some writing you'd like to work on.

Ralph and Georgia have authored many well-known books on writing. Before you start writing Ralph or Georgia will offer a brief talk with tips on the craft or writing. You'll be able to get supportive response to your writing in a small group as well as individual conferences.

Please Note: All educators (including retired teachers) are welcome!

Schedule 🍷

8:30 AM	Breakfast at Cobscook Institute
9:15 AM	Talk on the craft of writing by Georgia or Ralph.
9:45 – 11 AM	Individual writing time. Ralph and Georgia will be available to confer on your writing.
11 AM – 12 PM	Response groups
12 – 1 PM	Lunch
2 – 4 PM	Personal time to wander, explore, write, or hang out with friends. In addition, each day we'll suggest some local outings for those who wish to participate.
4 – 5 PM	Regroup for share, reflection, and wine

Cost: \$880

The cost includes tuition for the 5-day retreat, five breakfasts, five lunches, and one lobster dinner. See below for detailed payment information.

NOTE: The fee for the retreat does not include lodging. We encourage participants to stay at the retreat headquarters at Cobscook Institute, but don't require it.

The Quoddy Retreat for Teacher Renewal will focus on writing, but it won't be all serious work. There will be plenty of time for guided sightseeing, nature walks, and exploring deserted beaches. It's often said that *you can't take a bad picture in Lubec*, so don't forget your camera!

Bring your passport, too. Campobello Island (New Brunswick, Canada) is barely twenty minutes away from downtown Lubec. We'll have the opportunity to visit the cottage where President Franklin D. Roosevelt and his family spent many happy years. There's even an opportunity to sign up for "Tea with Eleanor."

Next summer give yourself a treat: The Quoddy Retreat for Teacher Renewal. Refresh. Write. Connect with other writers. Rediscover what drew you to teaching in the first place. Lubec Maine is the first town on the east coast of the US to receive the sun's rays. Come bask with us in that fresh new light.

Ralph Fletcher & Georgia Heard

Registration and Payment §

Cost of the 5-day retreat is \$880. Send a \$250 deposit to hold your spot.

The balance is due on April 15. If you'd like to pay by Venmo, send me an email and I'll send you my business Venmo handle. You can also mail a check made out to me (Ralph Fletcher). Mail to: Ralph Fletcher, PO Box 855, Durham, NH 03824.

Cobscook Institute Lodging 🍄

Contact Cobscook Institute for housing options:

<https://cobscookinstitute.org/events?e=7-27-2024-quoddy-teacher-renewal-retreat-lodging&m=>

Lodging Cost at Cobscook Institute:

- Dorm style double room: \$50 per night
- Dorn style single room: \$80 per night

If you have any questions email Ralph at laugho17@icloud.com